**Deepti Gupta**

Dr. Deepti Gupta is a one of the Ayurveda doctor in Gurgaon. Dr. Deepti Gupta is presently associated with "Kiaan Ayurveda and Panchkarma Wellness" and have 8 years of experience in the ayurvedic clinical stream. Dr. Deepti Gupta has done her B.A.M.S. (bachelor in ayurvedic medicine and surgery) from the prestigious National Institute of Ayurveda (Jaipur) and Dr. Deepti Gupta has done N.D.D.Y. (diploma in naturopathy and yoga) from Jaipur and F.A.N. (fellowship in applied nutrition) from Apollo Hospital, Jasola (Delhi). Most recently Dr. Deepti Gupta has been associated a very prestigious hospital Medanta, The Medicity, Gurgaon, Dr. Deepti Gupta is also associated with NGO's and regularly organize health camp for poor and needy and also worked in Artlife Wellness Industries ( Russian Company). Dr. Deepti Gupta is offering a wide range of treatments to the diseased person and providing many rejuvenation detoxifying programs to a healthy person to maintain their health. One more thing in my clinic treatment and wellness program has based on specific body constitution or ayurvedic body dosha type which is specific to each person so that person looking for Kiaan Ayurveda for their wellness is something specific to their type. Here we plan body-mind-soul balancing techniques. Ayurveda is –

“prayojanam chasya swasthasya swasthya rakshanam aturasya vikara prashamanam cha !!” charak samhita sutra sthana -3/24.

That signifies that the motto of ayurveda is maintain the health of an healthy person and disease free or cure the person who is suffering from the disease.

So ayurveda is more than a medical practice; it is a philosophy and a way of life as well.

Dr deepti gupta is providing following treatments in her clinic-

1. All kind of joint pain like knee pain, back pain etc.

2. All kind of women health problem including infertility, menstrual, PCOD.

3. Panchkarma- body detoxification process and weight loss treatment.

4. Disease reversal treatments.

5. Lifestyle diseases.

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Dr. Deepti Gupta is one of the best Ayurveda doctors having 8 years of experience and is presently associated with "Kiaan Ayurveda and Panchkarma Wellness". She is offering a wide range of treatments to the diseased person and providing many rejuvenation detoxifying programs. She believes that Ayurveda is more than a medical practice; it is a philosophy and a way of life as well. She is also associated with NGOs and regularly organizes health camps for poor and needy.